

# Transthoracic Echocardiogram Has High Accuracy in Pre-operative Assessment of Pediatric Coarctation Compared to Advanced Imaging

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## Background

- Coarctation of the aorta (CoA) is primarily diagnosed using transthoracic echocardiography (TTE).
- Advanced cross-sectional imaging, including computed tomography (CT) and cardiac magnetic resonance (CMR), is often used for pre-operative planning.
- CT/CMR carry additional risks related to anesthesia, intubation, radiation, and intravenous contrast.
- We aimed to determine the diagnostic accuracy of TTE compared to advanced imaging for preintervention assessment of CoA.

## Study Design

- Our echocardiography database was reviewed to identify patients with new diagnosis of CoA from 2010 to 2020.
- CoA associated with other significant arch anomalies, such as hypoplastic left heart, vascular ring, and interrupted aortic arch, were excluded.
- Patients with simple CoA were included.
- Medical records were reviewed to identify those with additional pre-intervention advanced imaging.
- Two sets of measurements were made on the TTE and CT/CMR from independent observers.
- Imaging findings related to the aortic arch were compared on each patient using standard tests of significance including Fisher's Exact test, paired ttest, and accuracy of TTE was compared to CT/CMR.
- Study data was collected and managed using REDCap electronic data capture tools (University of Arizona).

# Methods All patients with new diagnosis of coarctation by echocardiography from 2010 to 2020 Excluded: interrupted aortic arch, single ventricles, vascular ring, missing data Simple Coarctation (N=129)Advanced Imaging Echocardiography Alone (N=55) (N=74)Computed Magnetic Resonance Tomography (CT) Imaging (CMR) (N=54) (N=20)

Baseline Characteristics (N=74)			
Characteristic	Number (%)		
Sex			
Male	50 (67.6%)		
Age at Diagnosis			
Prenatal Diagnosis	21 (28.4%)		
Postnatal (before 1 year of age)	47 (63.5%)		
Postnatal (after 1 year of age)	27 (36.5%)		
Coarctation Type by Echo (TTE)			
Discrete	33 (44.6%)		
Long Segment	41 (55.4%)		

#### Results

Diagnostic Accuracy of Echocardiography in Comparison to CT/CMR in Pre-Operative Assessment of Coarctation

to CI/CIVIII III I TE-Operative Assessifient of Coarctation				
	Number	Agreement		
Discrete vs Long Segment	73/74	99%		
Aortic Arch Sidedness	71/74	96%		
Aortic Arch Branching	71/74	96%		

- Average time from TTE to advanced imaging was 11 days.
- For one patient, CoA was suspected by TTE, and excluded by advanced imaging.
- For one patient, the long segment CoA seen on TTE was considered discrete CoA by CT. TTE also did not determine the arch sidedness on the same patient.
- For two patients, arch sidedness was not well seen by TTE.
- An abnormal subclavian artery origin was missed for one patient on TTE, and branching was not well defined for two patients on TTE.

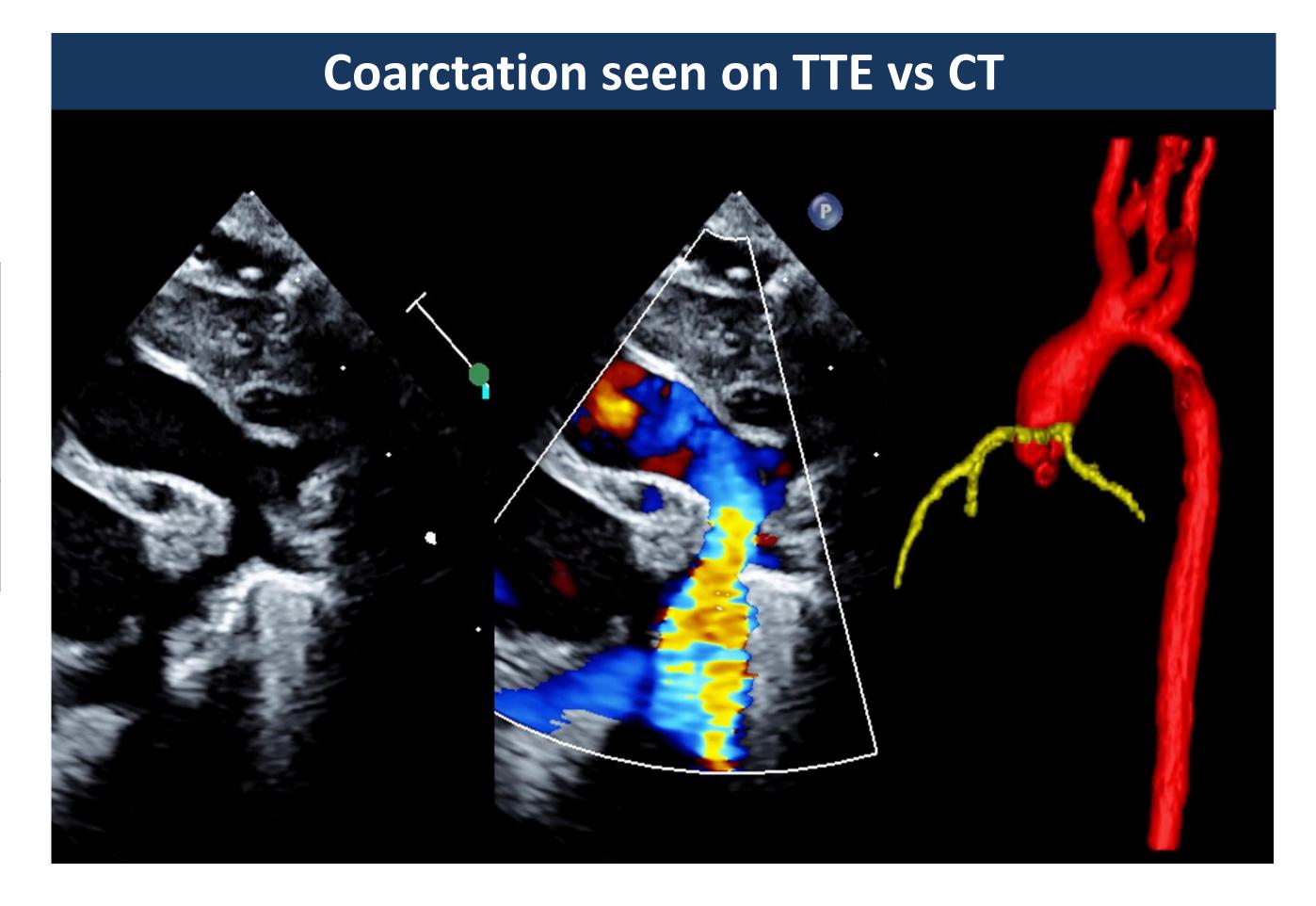
# Correlation Between Aortic Measurements (mm) by Echocardiogram and Advanced Imaging \*

	TTE	CT/MRI	
	Mean (SEM)	Mean (SEM)	p-value
Ascending Aorta (mm)	15.7 (1.0)	15.0 (1.1)	0.1
Proximal Transverse Arch (mm)	10.7 (0.8)	10.6 (0.7)	0.8
Site of Coarctation (mm)	4.9 (0.3)	5.8 (0.5)	0.02

The site of CoA measured smaller by TTE vs CT/CMR by about 0.9mm (p=0.02). This difference may not be clinically significant while deciding on surgical approach.

\* Paired t test

#### Conclusions



- The noninvasive modality of TTE is highly accurate for preoperative assessment of simple coarctation and anatomic definitions in most pediatric patients.
- Advanced imaging, with its associated risks, is not routinely necessary and may be reserved for special circumstances.

#### References

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